

**TITLE OF REPORT:** Update on Healthy Schools Programme as a Traded Service 2016/17

**REPORT OF:** Alice Wiseman, Director of Public Health

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## **SUMMARY**

The purpose of this report is to provide the committee with an update on the performance of the Healthy Schools Programme as a traded service and provide an update of the work that has taken place over the last 12 months.

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### **1. Introduction**

- 1.1 In early 2015 it was proposed that the Gateshead Healthy Schools Programme would look to continue as a traded service from September 1<sup>st</sup> 2016 once the existing contract for the programme ended on 31 August 2016.
- 1.2 In preparation for this, the outline of the new service was included and advertised as part of the Services to Schools & Academies Brochures that are sent to schools each year promoting the different Council programmes and services that schools can choose to buy into.
- 1.3 In addition to this, the Healthy Schools Consultant was informing all schools as part of the programme of termly visits about the proposed new changes to the Programme and the annual costs to schools.

### **2. New Programme Offer**

- 2.1 The Health in Schools Programme will give schools access to a Health in Schools Co-ordinator that will provide the following:
  - Promote new services and programmes, and support health promotion campaigns, for children and young people.
  - Provide quality assurance of all aspects of the framework and to participate in termly Quality Assurance Group meetings
  - Work with schools, school nurses and other agencies on how to identify those in greater need and interventions to offer those identified.
  - Raise awareness by schools of care pathways and available services for children and young people in Gateshead.
  - Support schools to identify and agree activities to address their specific health and wellbeing needs.
  - Support schools to access training for staff.
  - Liaise with wider stakeholders in their offer of health promotion and training to schools.

## 2.2 Social & Emotional Wellbeing Programme

A Children and Young People's Mental Health Liaison Worker will:

- Support schools to develop a school curriculum that promotes social skills.
- Support schools to create and sustain an environment that promotes resilience of students.
- Work with the Health in Schools coordinator and others (for example, school nurses) to develop strategies to identify those at greater risk of mental health problems and offer appropriate interventions or signpost/refer to other services as necessary.

2.3 In addition, the Children and Young People's Mental Health Liaison Worker can explore directly with school and staff around their own ideas and needs to create and offer schools a variety of flexible activities/workshops/groupwork and information to support a range of emotional health and wellbeing, including for example:

1. Self Esteem
2. Friendship
3. Anti-Bullying

## 2.4 Additional Support

- Access to a comprehensive on-line "Community of Practice" where schools will be able to access a wide range of information and resources to support their work around health. The Community of Practice will also allow schools to contact and share good practice with other schools and also to access a wide range of health professionals
- Access to expert advice, support and guidance from a local team of Public Health professionals who will be able to offer additional support and guidance to schools
- Termly information / training sessions around key health priorities and emerging best practice and developments in the field of children and young people's health.
- Opportunity to access a young person's health and wellbeing survey to gather information on your pupil population's health behaviours and attitudes.

## 2.5 Costs

- £500 PA for Primary Schools
- £700 PA for Secondary Schools

## 3. Participating Schools

3.1 As of October 1<sup>st</sup> 2016, 44 Gateshead schools have agreed to buy into the new programme (Appendix 1)

3.2 Feedback from schools indicate that the main reason for not participating was due to the costs now associated with the Programme.

## 4. Next Steps

4.1 We are currently working with the Graphics Team on the development of new branding / logo for the programme which will be used on all Healthy Schools Correspondence, including the Gateshead Healthy Schools Website and Community of Practice and for new Healthy Schools certificates.

4.2 We will continue to promote the Gateshead Healthy Schools Programme in light of the publication of the Government's Child Obesity Strategy and the introduction of the new Healthy Rating scheme for schools that will be introduced in September 2017 and

monitored by Ofsted. At the time of writing, Public Health England North East have recently received a request from the Department of Education asking to map the current Healthy Schools Provision across the North East suggesting that schools' involvement in Healthy Schools programmes could be a significant factor in determining a schools position on the new rating scheme.

## **5. Recommendations**

- The committee is asked to note the content of the report and to provide comments on the information provided.
- Agree to receive an update in 12 months in relation to:
  - Continuing performance of schools and updates on the health priorities they will be focusing on.
  - Update on the number of schools agreeing to engage in the Healthy Schools Programme for 2017/18

## Appendix 1.

### *Schools that have bought into new Healthy Schools Programme*

<u>Primary</u>	<u>Special</u>	<u>Secondary</u>
Birtley East	Eslington	Thorp Academy
Bede	Cedars	
Highfield Comm Prim.	Dryden	
Fell Dyke	Millway	
St Agnes	Furrowfield	
The Drive	Hill Top	
Roman Road		
Portobello		
Wardley		
Crookhill		
St Aidans		
Glynwood		
Windy Nook		
Rowlands Gill		
Falla Park		
Whickham Parochial		
Ryton Federation		
Bensham Grove		
Fellside		
Corpus Christi		
Highfield St Josephs		
Brandling		
Caedmon		
Greenside		
Harlow Green		
High Spen		
Lingey House		
Lobley Hill		
St Josephs, Blaydon		
Colegate		
Swalwell		
Oakfield Infants / Oakfield Juniors		
St. Oswalds.		
St Mary & St Thomas		
Front St		
Chopwell		
Winlaton West Lane		

**Not buying in**

**Primary**

Larkspur  
Bill Quay  
Riverside Academy  
Kibblesworth  
South Street  
St Joseph's RC VA  
St Peters  
St Annes  
Ravensworth Terrace  
St Augustines  
St Wilfrids  
Brighton Avenue  
St Josephs Infants.  
St Josphehs Juniors  
St. Albans  
Whitemere  
Carr Hill  
Barley Mow  
Clover Hill  
Blaydon West  
Sacred Heart  
Kelvin Grove  
St Phillip Neri  
Dunston Hill  
Parkhead  
Emmaville  
Kells Lane  
St Mary's  
Washingwell

**Special**

Gibside

**Secondary**

Cardinal Hume  
Heworth Grange  
Thomas Hepburn  
Whickham  
St Thomas More  
Kingsmeadow  
Lord Lawson  
Joseph Swan